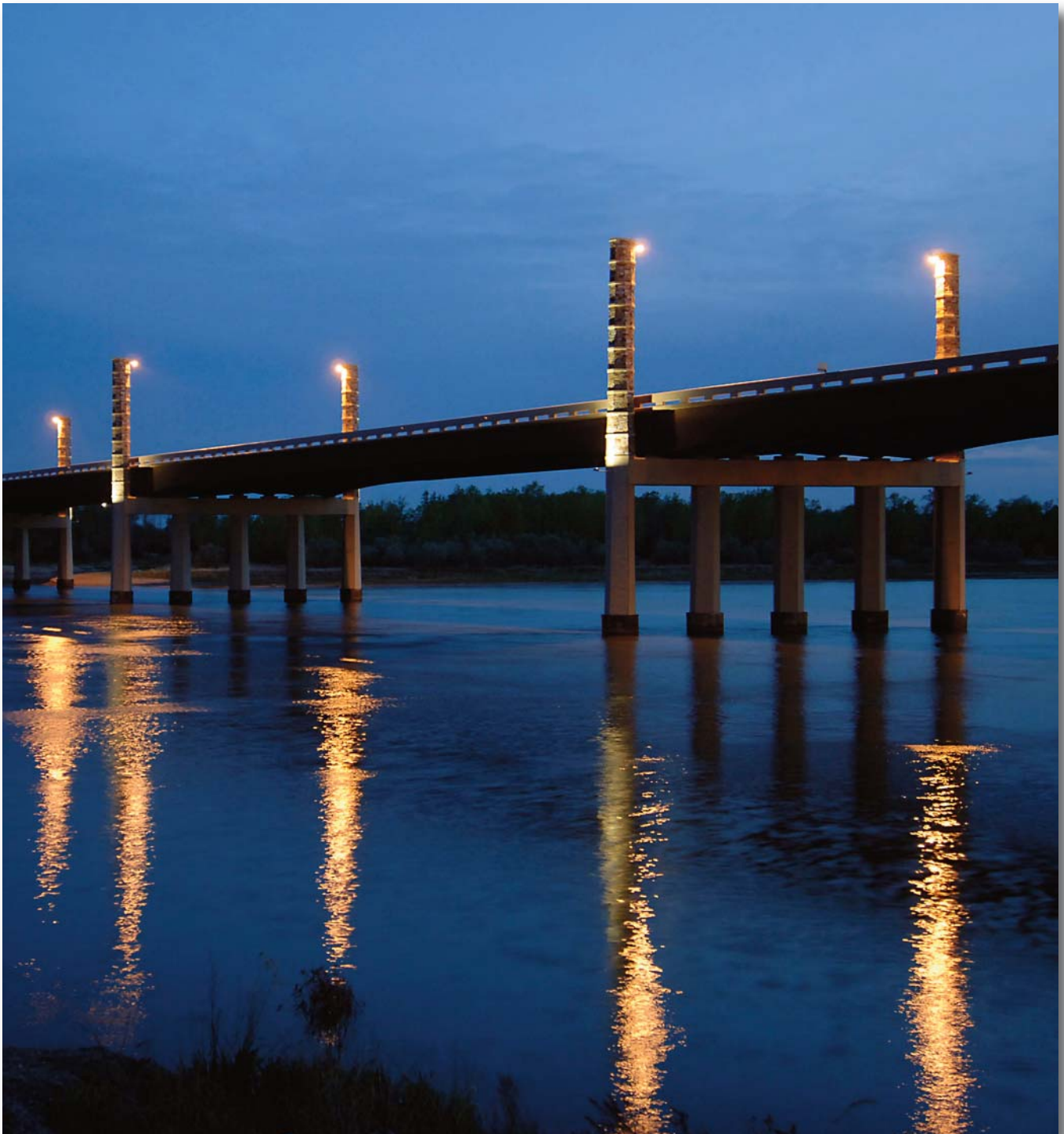


the ROADRUNNER

Nebraska ♦ Department ♦ of ♦ Roads

October/November 2009



Yankton Bridge - See page 2

Photo by Jay Bailey

the Roadrunner

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Governor Dave Heineman

Highway Commission

Rodney Vandenberg	Doug Leafgreen
Dick Reiser	Ronald Books
David Copple	Greg Wolford
Donna Wanitschke	Jerome Fagerland

Administration

Roads DirectorMonty W. Fredrickson
Deputy Director.....John Jacobsen
Deputy DirectorRandy Peters
Legal Counsel.....Jeff Schroeder

Divisions

BridgeMark Traynowicz
Business Technology Support.....Bill Wehling
CommunicationMary Jo Oie
Construction.....Claude Oie
ControllerSteve Maraman
Government AffairsLarry Shafer
Human Resources.....Sue Larson
Local ProjectsJim Wilkinson
Materials & ResearchMoe Jamshidi
OperationsTom Sands
Planning & Project Development.....Mike Owen
Program Management.....Khalil Jaber
Rail & Public TransportationEllis Tompkins
Right-of-WayRobert Frickel
Roadway Design.....James Knott
Traffic EngineeringDan Waddle

Districts

District 1Richard Ruby
District 2Timothy W. Weander
District 3Kristine Winter
District 4Wesley Wahlgren
District 5Craig Lind
District 6Gary Thayer
District 7Kurt Vosburg
District 8Mark Kovar

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Type & LayoutDiane German

The information in this newsletter is contributed
by employees, retirees and friends of NDOR.



Finalists Vie for "People's Choice" and National Grand Prize

Yankton Bridge Named to Top Ten Transportation Projects in America

For significant transportation and environmental impacts on two states, and for accomplishment of these and other objectives under budget, the new Yankton Bridge between Nebraska and South Dakota, a Nebraska Department of Roads project, has been named to America's Transportation Award-Top 10, announced by the American Association of State Highway and Transportation Officials (AASHTO).



Completion of the Yankton Bridge linking Nebraska and South Dakota is the culmination of nearly 20 years of effort by community members from both states. Noted accomplishments are: four lanes of traffic on a newly aligned roadway that provides more efficient, reliable traffic movement; enhanced environmental habitat and improved water conservation measures; a renewed pride by the area citizens in their safer, visually impressive, and sleek new structure with its accommodating route.

Ten states are sharing the national spotlight as the top ten finalists in the 2009 America's Transportation Awards competition. At this stage of the national competition, the grand prize will be presented on October 25, at a national transportation officials' conference in California.

The top ten projects also will compete for the People's Choice Award, which will be decided by popular vote. Online voting is now underway at the national competition's website through October 23, 2009: www.americastransportation-award.org. *Vote for the Yankton Bridge Project...the People's Choice!*

NDOR Receives Environmental Excellence Award

The Nebraska Department of Roads received an award for Excellence in Roadside Resource Management and Maintenance from the Federal Highway Administration during an international conference, September 14, in Duluth, Minnesota. The award recognized NDOR's Plan for the Roadside Environment, which promotes the increased use of native plantings and vegetation management to provide a sustainable roadside.

The plan emphasizes the use of native plantings adapted specifically to the varying climate zones across the state. It contains sections for each of the six landscape regions across Nebraska. Each individual landscape section contains regional maps and summarizes a variety of ecosystem information for the region, including hydrology, climate, soil and plant communities, as well as regional history, land use and economic features.

The plan is applicable to the entire state and includes landscaping objectives for integration into transportation planning, safety, design and operation of the system. These objectives inform NDOR and natural resource agencies concerning the role of the roadside environment and how to achieve good stewardship and maintenance of a unique and sustainable "Nebraska-style" landscape.

(see **Excellence Award** on next page)

Excellence Award *(cont'd. from page 2)*

Project contributors included Art Thompson - NDOR Highway Landscape Architect; Cindy Veys - Environmental Section Manager/project sponsor; Ron Poe - Environmental Program Manager; Alison Krohn - Landscape Architect II; and Carol Wienhold - Biologist. All are members of the NDOR Landscape Plan Committee, with Thompson serving as Committee Chair. Oral presentations to the conference were made by NDOR's Art Thompson, Eric Zach - Biologist, and Dionne Gioia - transportation liaison to NDOR with the USDA Animal Plant Health Inspection Service.

The Federal Highway Administration's biennial Environmental Excellence Awards Program recognizes the organizations, projects and people that forge creative solutions and innovations for balancing the needs of a safe and efficient transportation network with environmental sensitivity. The program recognizes excellence in diverse categories, including Roadside Resource Management and Maintenance, Environmental Research, Context-Sensitive Solutions, and Environmental Leadership.

This year, 13 winners in 12 categories were selected from the 98 entries submitted. Judges for the awards program also selected one project for special recognition. ♦



Art Thompson and Cindy Veys accepted the FHWA 2009 Environmental Excellence Award for NDOR's Plan for the Roadside Environment on September 14 at the International Conference on Ecology and Transportation in Duluth, Minnesota.

NDOR's Transportation Enhancement Program Recognized

The Nebraska Transportation Enhancement (TE) Program received the 2009 Nebraska Preservation Award from the Nebraska State Historical Society during their annual meeting September 18 in Lincoln. The award recognizes significant achievements in historic preservation in Nebraska by an individual or organization.

The Nebraska program was established in 1994, under funding that was first authorized under the Surface Transportation Act of 1991, and overseen by the Federal Highway Administration. It is administered in Nebraska by the Nebraska Department of Roads, with Jim Pearson serving as the NDOR Transportation Enhancement Administrator.

Now in its fifteenth year, the program has funded historic preservation, byways and trails. It is the largest single grant funding source for historic preservation in the state, accounting for nearly \$24 million in more than 100 historic preservation and historic or scenic byways projects. The largest project has been \$3.85 million dollars for rehabilitation of the historic Meridian Highway Bridge at Yankton, South Dakota, soon to be converted into a pedestrian bridge.

Funding has gone to archeological research, repair and replacement of state historical markers, depots, historic bridges, reproduction lighting in historic districts, a geographic information system for the Nebraska Archeological Survey,

and historic buildings converted to visitor information centers, among other types of projects. Special set-aside funds have included repair and replacement of state historical markers and projects for designated communities participating in the Nebraska Main Street program.

The Nebraska Preservation Award, created in 1988, is given for one of two categories: "brick and mortar projects," or "individual or group achievements." The Director/CEO (state historic preservation officer) along with the Historic Preservation Office staff and the Historic Preservation Advisory Board, nominate/select the recipient. The award consists of a plaque and a lifetime membership with the Nebraska State Historical Society. ♦

Owen New Planning & Project Development Engineer

Mike Owen is the new Planning & Project Development Division Engineer for the Nebraska Department of Roads. Owen, a licensed professional engineer, succeeds Randy Peters, who was promoted to Deputy Director-Engineering after serving two years in this position and more than 32 years at NDOR.



Mike Owen

For 25 years, Owen has worked at the Roads Department in a variety of capacities, including four years in District 3 at Norfolk, four years in Right-of-Way Design and 17 years in Roadway Design, serving as a Designer, Unit Leader and Assistant Design Engineer. He has been associated with several significant highway projects, including the West Dodge Road Expressway, I-80 reconstruction in Omaha, the Scottsbluff Bypass and the Yankton Bridge.

especially the people and the relationships that he has built. He also likes visiting the field and seeing firsthand the projects under construction. With this direct involvement, he feels connected to the finished highway.

In discussing goals he would like to achieve in his new position, Owen said, "My goal is to improve project delivery. There have been significant changes in several processes and the target seems to be ever changing. My job would be to help establish

Born and raised in Lincoln, Owen graduated from Lincoln East High School. After earning his Bachelor of Science degree in Civil Engineering from UNL in 1983, Owen began his career at NDOR.

Owen said he enjoys many things about his work at NDOR,

the target and then guide us as we work to achieve our goals."

Regarding his management approach, Owen noted, "Planning & Project Development has such a diverse range of services. We have some sections that support the planning process at the end, and conversely, we are involved in the long-range planning and corridor studies at the beginning. Along with the diverse services, we have a wide range of customers and partners that all have a stake in the process. As a manager, I want to support our processes to deliver the projects and also meet the needs of the customers and stakeholders."

Mike and his wife, Carole, have been married 23 years. They have two children, a son, Dan, who attends UNL, and a daughter, Emily, a senior at Southwest High School. In his spare time, Mike enjoys golfing, gardening and spending time with his family. ♦

Frickel Named Right-of-Way Division Manager

Bob Frickel is the new Right-of-Way Division Manager for the Nebraska Department of Roads. He succeeds Gary Britton, who retired after more than 39 years at NDOR.

For 35 years, Frickel has worked at the Roads Department in a variety of capacities, all within the Right-of-Way Division at NDOR's Lincoln headquarters. Positions held include Relocation Agent, Appraiser II and III, Review Appraiser Supervisor and Chief Appraiser.

Born in Nebraska City and raised in Lincoln, Frickel graduated from Northeast High School. After earning his Bachelor of Science degree in Business Administration from UNL, Frickel began his career at NDOR in 1974.

Over his tenure at NDOR, Frickel said he has most enjoyed working with the public and with the dedicated and talented Roads employees. He has also enjoyed being a member of the International Right-of-Way Association (IRWA), where he currently is the Chairman of the Evaluation Committee.

In discussing goals he would like to achieve in his new position, Frickel mentioned several: 1) continue to find a replacement for the Automated Right-of-Way Management System (ARMS), which is currently used by



Robert Frickel

the Right-of-Way Division; 2) continue to meet project scheduling deadlines and be instrumental in improving the communication and cooperation between Right-of-Way and other divisions at NDOR; 3) continue to maintain and strengthen the oversight and Right-of-Way responsibilities of the Local Public Agency Program;

and 4) continue to expand and improve the Employee Recognition Program.

Frickel said a team approach is an important aspect of his management philosophy. "I believe in team-oriented management with emphasis on honesty, competence and the ability

(see **Frickel** on next page)

Frickel (cont'd. from page 4)

to anticipate changes needed for the future by setting aside time for planning, strategizing and thinking about the future. I am open-minded to new ideas and strategies, and will continue to be dedicated to the success of the Right-of-Way Division and NDOR."

Frickel and his wife, Alice, have been married 35 years. They have three children, Alyson, Rob and Jeffrey, and a granddaughter, Luna, 10 months old. In his spare time, Frickel enjoys family activities, fishing, sporting events, cooking barbecue and smoking meat. He also enjoys walking, training and playing with his two golden retrievers, Kaysey Anne and Dixie Chick.

Gary Britton Retires

Born and raised in Taylor, Nebraska, Gary Britton graduated from Taylor High School in 1965 and earned his Bachelor of Science degree in Agriculture Economics in January 1970.

Britton began his career at NDOR on February 2, 1970, as an Appraiser Trainee in Right-of-Way. Other positions held included Appraiser I and II, Relocation Assistance Supervisor, and Relocation and Access Control Officer. In April 1995, Britton was promoted to Assistant ROW Manager and in January 2008, he was named ROW Manager.

Britton said he has enjoyed working at NDOR, especially in Right-of-Way, and working with the public. "By establishing rapport and trust, I have found it to be satisfying to determine the problems and concerns of the citizen and help them find satisfaction or at least to understand our position."

During retirement, Britton plans to catch up on home projects, travel with his wife, JoAnn, and spend more time on the golf course. ♦

"Move Over" Law Takes Effect in Nebraska

A new law designed to protect those who work along highways and interstates took effect in Nebraska on August 30. The "move over law" requires motorists to move over one lane when approaching first responders with flashing lights providing service alongside high-speed multi-lane highways. Motorists unable to move over due to weather, roadway conditions or traffic congestion must reduce speed when approaching and passing first responders providing assistance.

The law was passed to protect first responders from serious work-related injuries. First responders include law enforcement vehicles, fire and rescue vehicles, motorist-

assistance vehicles, Department of Roads' vehicles, tow trucks or other emergency vehicles stopped by the side of the road.

New signs have been posted across the state letting drivers know about the new law, which was approved by the State Legislature last winter. Drivers who fail to move over could be fined up to \$100 for a first offense. A second or subsequent offense would carry a penalty of up to seven days in jail and a \$500 fine.

Similar laws are in effect in 46 other states. Iowa has had a "move over" law for a few years. Hawaii, Connecticut and Maryland are the only states in the U.S. that do not have a "move over law." ♦



Photo by Zack Broshears, Communication Division

Governor Dave Heineman unveils signs for the new "move over law" which took effect on August 30. Tim Weander, NDOR District 2 Engineer, right, offers assistance.



Motorists on U.S. Highway 275, just north of the Douglas County line, motor on their way along the final segment of a new four-lane freeway, between Omaha and Fremont.

Photo by Jay Bailey

Fremont East Bypass Completion Good News for Travelers, Commuters

Work has been completed on the Fremont East Bypass, according to Nebraska Department of Roads' District 2 Project Manager Frank Veverka. It was the final segment that completes four lanes on the U.S. Highway 275 freeway between Omaha and Fremont. The project runs along Highway 275 from the Douglas/Dodge county line to the junction of Highway 275 and U.S. Highway 77 at Fremont. Work began in March 2004 and was completed in August 2009.

This project was well received by the public and the governmental entities in the area, according to District 2 Assistant Construction Engineer Tom Goodbarn. He said the project required a longer completion time due to construction of

embankments, phasing requirements, and drainage requirements due to the project's location in the Platte River Valley and the size of the project.

Work on the \$26,535,536 project included more than 1,100,000 cubic yards of excavation, 247,644 square yards of bituminous resurfacing, seven structures, guard rail, fence, lighting and permanent signs. The bypass included the construction of three interchanges - U.S. Highway 30, Military Avenue and Morningside Road. Additional right-of-way was purchased for the improvement of these three interchanges. The cost of the project was shared between the Department of Roads, Dodge County and the city of Fremont.

Werner Construction Company, of

Hastings, was the prime contractor for this project. The designer for the project was TranSystems Corporation of Omaha, with Tom Kellogg as the lead designer. Don Turek and Lonnie Huebert, both of the NDOR's Roadway Design Division, and Roe Enchayan, of the Bridge Division, provided engineering support. Frank Veverka was Project Manager. Mike Larsen, Kathy Hansen and Chuck Schwanke were the construction techs. Right-of-way appraisal work was done by Greg Heinzmann, and the appraisal review by Bob Frickel. Negotiations were done by Anne Christensen and Right-of-Way Project Manager was John Rownd, who is now retired. Steve Oforah coordinated the right-of-way design. ♦

NDOR Charitable Giving Campaign a Huge Success

NDOR employees reached new highs in giving to the 2009 Charitable Giving Campaign.

A total of \$54,300 was pledged to the organizations of United Way, Community Health Charities and Community Services Fund. The total surpassed the 2008 record of \$43,000 by 26 percent. The number of employees supporting the effort also hit an all-time record of 591 employees—a 30 percent increase over the number of people in 2008.

New this year, Governor Dave Heineman announced a “Challenge to Agency Directors,” with agencies divided into two teams. Team 2, which included NDOR, Administrative Services, the Military Department, Department of Economic Development, Nebraska Energy Office, Governor’s Office and the Board of Pardons and Parole, was recognized by the Governor as the winner in two categories—Champions of Givers and Champions of Dollars. One of the traveling trophies received by Team 2 is on display at NDOR’s central headquarters. Winners of the other three categories—Champion of Creativity, Champion of New Dollars and Champion of New Givers—were awarded to Team 1—Department of Corrections, part of Health and Human Services and DAS-Budget.

Again this year, the NDOR Charitable Giving Campaign was headed up by Gary Thayer, Wes Wahlgren and Mary Jo Oie, with legwork support from the Human Resources Division and coordinators in all of the divisions and districts. After their success in leading the 2008 campaign, Director Monty Fredrickson asked Gary, Mary Jo and Wes to continue their efforts in giving the campaign a statewide emphasis, insuring every employee understood how the money raised affected local communities all across Nebraska.



NDOR Director Monty Fredrickson holds the trophy awarded to Team 2, NDOR’s team, presented by the Governor for winning the “Champion of Dollars” category in the Governor’s Charitable Giving Challenge.

Several divisions and districts challenged their employees to a friendly competition or challenge. An example of this was NDOR’s Business Technology Support Division (BTSD), who held a pie throwing event with the highest bidder/contributor winning the right to throw a pie at one of three willing volunteers—Bill Wehling, Joe Kellner and John Shimonek. As a result, \$100 was added to BTSD’s total. Also, Controller Division had a bake sale, with \$165 in proceeds boosting their division total to a 22 percent increase over 2008.

Another example of NDOR’s efforts was Moe Jamshidi’s challenge to Materials & Research Division. He shaved his mustache, as promised, after his division turned in at least 80 percent of their pledge cards. Moe further challenged them by pledging \$1 for every dollar increase over 2008. His pledge of \$1,080 gave

the division a total of \$4,542, a 135 percent increase over 2008. Moe was recognized by Governor Heineman as one of nine Most Valuable Players in the 2009 Campaign.

Other notable results were achieved in the 2009 campaign. District 2 topped all divisions and districts for both dollars pledged and people contributing—with \$7,690 pledged from 140 of the 196 employees in the district. Other district results included a 126 percent increase in dollars pledged for District 4, and an 88 percent increase in the number of people contributing for District 7. Divisions were led by Materials & Research in dollars pledged, as noted, with Program Management having the greatest increase in people contributing.

All divisions and districts are commended for a great job in this very special effort to help family, friends and their communities. ♦

Workshops Enhance Collaboration

A joint effort between the Nebraska Department of Roads (NDOR) and the Federal Highway Administration (FHWA) brought two environmental streamlining workshops to NDOR's central headquarters in Lincoln on July 15-16 and August 3-5. Together with NDOR, the Nebraska FHWA Division Office, FHWA Resource Center's Environmental Technical Team and the State Historic Preservation Office (SHPO) hosted the workshops, aimed at streamlining the environmental review process for Local Public Agencies (LPAs) and enhancing collaboration among local, state and federal agencies.

Funding from the American Reinvestment and Recovery Act (ARRA) was used to assist LPAs in advancing their projects. During the workshops, LPA representatives were paired with representatives from transportation and resource agencies who could help them through the environmental review process. NDOR contracted with experienced consultants to provide additional assistance to the LPAs.

According to Cindy Veys, NDOR Environmental Section Manager, "With these combined efforts we were able to work with the LPAs to fill out their environmental documentation and complete the review process all in one day."

Through the workshops, more than 50 LPAs were provided assistance in complying with the National Environmental Policy Act (NEPA). They were given individualized project-review guidance with regard to a new Programmatic Agreement for categorical exclusions (CEs) between NDOR and FHWA. The types of projects reviewed during these workshops included resurfacing, minor widening, bridge replacement, signalization and safety improvements.



Photo by Jay Bailey

Cindy Veys, NDOR Environmental Section Manager, points to documentation during one of the environmental streamlining workshops held in July and August. Transportation and resource representatives from NDOR, FHWA and the State Historic Preservation Office met with Local Public Agencies to help them advance their projects through the environmental review process.

Workstations

The workshops were structured around three NEPA workstations, each staffed with a representative from FHWA and NDOR. Local government officials and environmental consultants representing LPAs brought actual project materials to the workstations. Staff from FHWA and NDOR reviewed the materials and assisted LPAs with completion of the required environmental documentation.

Technical experts were on hand during the workshops, with NDOR resource and wildlife specialists available to field questions on threatened or endangered species, wetlands and historic preservation. Agency staff was available via phone and e-mail for expedient reviews and clearances. Because NDOR and FHWA staff was able to give their undivided attention to project reviews, the workshops allowed the approval of

a large volume of projects within a short timeframe.

During a presentation to the State Highway Commission at their September 25 meeting, Veys reported that a total of 79 projects were reviewed at the two workshops. After the first workshop, eight projects were approved and another 25 only required minor revisions. After the second workshop, 44 more projects were approved. At the present time she said approval was completed and documentation cleared on more than 70 projects. The remaining projects are progressing through the review process.

More Planned

Both FHWA and NDOR staff found the workshops to be a positive experience, with plans to hold more workshops throughout the year, perhaps on a quarterly basis, to reach out to LPAs across the state. They are

(see **Workshops** on next page)

Workshops *(cont'd. from page 8)*

also committed to providing future workshops for non-ARRA projects.

Veys noted, "These workshops were extremely successful. It was a wonderful effort on behalf of the FHWA and NDOR, and our State Historical Society, as folks pulled together to help the LPAs through this process."

After hearing Veys' presentation, Highway Commissioner Ronald Books, of North Platte, said, "I think this is a

perfect example of all levels of government coming together to accomplish good things and it deserves recognition."

Huge Benefit

Highway Commissioner Greg Wolford, of McCook, added, "People from my district will come to Lincoln with a smile on their faces if they can complete the environmental review process in one day. To do this on a quarterly basis is a huge benefit."

The workshops provided an opportunity to improve the relationships among local, state and federal transportation and resource agencies. Through individualized working sessions on specific projects, FHWA and NDOR staff was able to educate LPAs about the environmental review process, identify areas for future training and gain a better understanding of additional support needs. ♦

Snapshot from History



Photo from NDOR archives

*Research by Arvid Olson
Communication Division*



This photo, taken on February 25, 1925, shows the Department of Public Works staff at work in the drafting room at the old state Capitol building in Lincoln, Nebraska.

There were many draftsmen, present and future administrators, shown working, but not all are

identified in this 1925 photograph. Although many served, many did not seek or were not able to obtain career advancement in the face of the Depression of 1929 thru the 1930s. Future leaders of the 1920s thru the 1960s are shown at the dawn of their careers. For more information about

this photo, including names, years employed and job titles, go to www.transportation.nebraska.gov/roadrunner/add-docs/drafting-staff.pdf. For general NDOR history visit NDOR's history pages at www.transportation.nebraska.gov/history/

NDOR Highway Improvement Projects Currently Under Contract

Information from Trans•port SiteManager as of October 5, 2009

Location
Work Description
Prime Contractor
Project Manager
Contract Bid Amount

Key:

Aggregate - Agg
Bituminous - Bit
Bridge - Br
Building - Bldg
Concrete Pavement - ConPav
Culverts - Culv
Electrical - Elec
Grading - Gr
Guardrail - Gdrl
Landscaping - LS
Mechanically Stabilized Earth - MSE
Seeding - Seed
Speciality - Spec

District 1

Beatrice West (Stimulus)
Bit
Werner Construction, Inc.
Endorf, Dennis (402)729-3489
\$3,240,349.71

Blue River Bridge South of Fairbury
Br, Gdrl
The Diamond Engineering Co.
Vandegrift, Allen (402)729-3489
\$485,666.81

Fairbury South Bridges (Stimulus)
Gr, ConPav, Br, Gdrl
Hawkins Construction Co.
Vandegrift, Allen (402)729-3489
\$2,879,777.92

Nemaha South
Bit
Constructors, Inc.
Hitzeman, Don (402)335-4131
\$1,308,999.92

Salem West
Gr, Culv, Seed, Br, Gdrl, Bit
U.S. Asphalt Co.
Hitzeman, Don (402)335-4131
\$2,697,286.64

Falls City - Rulo
Bit
Constructors, Inc.
Hitzeman, Don (402)335-4131
\$1,897,130.16

Jct. US-77/N-109
Gr, ConPav, Culv, Seed, Elec
Constructors, Inc.
Sidiqi, Abdul (402)471-0850
\$2,818,151.82

US-77 - 9th St., Lincoln
Gr, ConPav, Seed, Br, Gdrl
TCW Construction, Inc.
Knutson, Dewaine (402)471-0850
\$1,516,528.70

Tecumseh East
Bit
Constructors, Inc.
Cary, Bill (402)335-4131
\$3,360,615.16

Pickrell - Cortland
Bit
Pavers Companies
Cary, Bill (402)335-4131
\$2,392,258.25

Nebraska City Scale Building
Scale Bldg
Hampton Commercial Constr., Inc.
Habegger, Michael (402)335-4131
\$246,596.00

Missouri River Bridge, Nebr. City
ConPav, Br, Elec
Tab Holding Company, Inc.,
dba Tab Construction
Habegger, Michael (402)335-4131
\$454,020.25

Syracuse North (Stimulus)
Gr, Seed, Br, Gdrl, Bit
U.S. Asphalt Co.
Habegger, Michael (402)335-4131
\$4,777,516.52

Nebraska City North
Spec
Park Construction Co.
Habegger, Michael (402)335-4131
\$199,658.50

I-180 - 56th St., Lincoln
Gr, ConPav, Culv, Seed, Br,
Gdrl, Fence, Elec, Sign
Dobson Bros. Const. Co. &
United Contractors Inc. (JV)
Sanburn, Bob (402)471-0850
\$48,766,667.84

Greenwood - Mahoney
Gr, ConPav, Culv, Seed,
Br, Gdrl, Fence, Elec, Sign
Hawkins Construction Co.
England, Jim (402)471-0850
\$35,868,389.45

262nd St. Bridge
Gr, MSE, Culv, Seed, Br, Gdrl, Bit
Hawkins Construction Co.
Preble, Rodger (402)471-0850
\$2,567,442.87

Air Park - I-180, Lincoln (Stimulus)
Br, Gdrl, Bit
Pavers Companies
Preble, Rodger (402)471-0850
\$1,989,950.28

US-34/148th St. East of Lincoln
Gr, Culv, Elec, Bit
Pavers Companies
Traudt, Bob (402)471-0850
\$938,982.97

I-80, Goehner Truck Parking
Gr, ConPav, Culv, Seed, Fence, Elec
Constructors, Inc.
Hobelman, Ryan (402)471-0850
\$605,573.94

Fremont South
Bit
U.S. Asphalt Co.
Cernik, Leonard (402)471-0850
\$1,721,187.65

56th St. - 84th St., Lincoln
Spec
Park Construction Co.
Townsend, Devin (402)471-0850
\$102,486.60

Wahoo - Fremont
Gr, Culv, Seed, Bit
U.S. Asphalt Co.
Hamidi, Kawa (402)471-0850
\$4,358,053.17

East Jct. N-92 North
Gdrl, Bit
Constructors, Inc.
Kuehn, Joseph (402)471-0850
\$2,574,601.70

Prague - Dodge County Line
Br, Gdrl, Bit
Werner Construction, Inc.
Kuehn, Joseph (402)471-0850
\$4,594,218.98

134th St. Bridge, Lincoln
Gr, MSE, Culv, Br, Gdrl
Hawkins Construction Co.
Kuehn, Joseph (402)471-0850
\$1,762,277.47

148th St./N-2, Lincoln
Gr, ConPav, Culv, Seed, Elec
Hawkins Construction Co.
Volz, Jason (308)345-8490
\$1,825,583.23

Ceresco South
Wetland Bank Restoration
Gr
Valley Corporation
Volz, Jason (308)345-8490
\$71,539.38

Bennet North
Bit
Constructors, Inc.
Volz, Jason (308)345-8490
\$267,574.00

District 2

I-480 WB/US-75 SB Intchg. (Stimulus)
Gr, MSE, ConPav, Culv,
Br, Gdrl, Fence, Elec, Sign
Hawkins Construction Co.
Baehr, Dennis (402)595-2534
\$19,175,728.47

US-275 East
Spec
M.E. Collins Contracting Co., Inc.
Farivari, Mo (402)595-2534
\$905,749.20

108th St. - 120th St., Omaha
LS
Lanoha Nurseries, Inc.
Farivari, Mo (402)595-2534
\$468,974.00

Missouri River Bridges, Omaha
Br
Cramer & Associates, Inc.
Trujillo, Ray (402)727-3292
\$123,851.00

In Elkhorn
Br
JMN Construction, LLC
Trujillo, Ray (402)727-3292
\$138,967.30

N-50 to Bellevue
Spec
Chester Bross Construction Co./
C.B. Equipment, Inc.
Khalaf, Zahi (402)595-2534
\$1,271,372.66

Gretna Interchange
Culv
TCW Construction, Inc.
Khalaf, Zahi (402)595-2534
\$85,282.60

Plattsmouth - Omaha
Spec
Safety Grooving & Grinding, L.P.
Weander, Marty (402)595-2534
\$1,090,538.22

Bellevue West
Gr
Navarro Enterprise Constr., Inc.
Weander, Marty (402)595-2534
\$24,208.56

Missouri River - 13th St., Omaha
(Stimulus)
Gr, Soil, ConPav, Culv, LS,
Fence, Elec, Sign, Paint
Hawkins Construction Co.
Fisher, Rick (402)595-2534
\$16,068,401.72

North Bend - Snyder
Seed, Gdrl, Bit
U.S. Asphalt Co.
Jacobs, Micky (402)727-3292
\$6,114,907.24

US-275/Trail Ridge Blvd., Omaha
Gr, Bit
Western Engineering Co., Inc.
Jacobs, Micky (402)727-3292
\$151,518.50

Jct. N-133 East
Bit
Western Engineering Co., Inc.
Kuehner, Chris (402)595-2534
\$879,167.15

Cunningham Lake Bridges
Br
Western Engineering Co., Inc.
Kuehner, Chris (402)595-2534
\$378,851.25

Melia Hill Maintenance Facility
Maint Facility
Upland Construction Co
Kuehner, Chris (402)595-2534
\$2,450,000.00

So. Omaha Br., Main Br. Truss
Br
Jensen Construction Co.
Zelensky, Rich (402)595-2534
\$37,574,397.00

So. Omaha Br., Iowa Br. Approach
Br, Elec
Commercial Construction, Inc.
Zelensky, Rich (402)595-2534
\$13,204,975.78

So. Omaha Br., Iowa Hwy. Paving
Gr, ConPav, Culv, Seed, Gdrl, Elec
MFT Construction, Inc.
Tsvid, Aleksandra (402)595-2534
\$2,629,468.91

So. Omaha Br., Nebr.-13th & Mo. Ave.
Gr, ConPav, Culv, Seed, LS, Elec
Hawkins Construction Co.
Hinchey, Maurice (402)595-2534
\$5,262,446.49

So. Omaha Br., Nebr. Br. Approach
Gr, Br, Gdrl, Elec
Hawkins Construction Co.
Hinchey, Maurice (402)595-2534
\$12,773,897.12

District 3

Willow Creek Recreation Rd.
Gr, Culv, Seed, Bit
Western Engineering Co., Inc.
Vanroekel, Kirk (402)483-5466
\$6,606,703.68

Lindsay South
Bit
Paulsen, Inc.
Robertson, Ramsy (402)421-1717
\$4,232,071.59

Winnebago East
Gr, ConPav, Culv, Elec
M. E. Collins Contracting Co., Inc.
Francis, Jeff (402)375-7071
\$3,254,303.67

Hubbard North & South (Stimulus)
Gr, ConPav, Culv, Br, Gdrl
Hawkins Construction Co.
Francis, Jeff (402)375-7071
\$1,887,751.88

Jct. N-12/S14H & Jct. N-12/N-57
Elec
Integrated Electrical Services, Inc.
dba Kayton Electric
Mainquist, Bill (402)370-3470
\$60,933.00

Monowi - Verdel
Gr, Culv, Seed, Gdrl, Bit
Werner Construction, Inc.
Becker, Roger (402)254-6552
\$2,257,733.09

Columbus Viaduct
Gr, MSE, ConPav, Culv, Br, Elec
Cramer & Associates, Inc.
Anderson, David (402)564-5751
\$12,941,875.76

Columbus South Bridges
ConPav, Br
Cramer & Associates, Inc.
Trosper, Steven (402)564-5751
\$884,368.50

Madison East Bridges (Stimulus)
Gr, Culv, Seed, Br, Gdrl, Bit
Hawkins Construction Co.
Trosper, Steven (402)564-5751
\$3,537,088.30

Yankton Bridge
Gr, ConPav, Culv, Seed, Br,
Fence, Gdrl, Elec, Sign
Jensen Construction Co.
Wiebelhaus, Bob (402)254-6552
\$23,903,498.78

Concord Southwest (Stimulus)
Gr, Culv, Bit
A & R Construction Co.
Wiebelhaus, Bob (402)254-6552
\$361,799.75

E. Jct. US-20 - N-12
Spec
Martin Resource Mgmt. Corp.
dba Monarch Oil
Wiebelhaus, Bob (402)254-6552
\$439,813.59

Lyons North
Spec
Martin Resource Mgmt. Corp.
dba Monarch Oil
Wiebelhaus, Bob (402)254-6552
\$584,731.63

Bancroft East
Culv
A & R Construction Co.
Samuelson, Matthew (402)370-3470
\$20,953.14

Monroe Ave., Norfolk
Gr, ConPav, Culv, Elec
A & R Construction Co.
Samuelson, Matthew (402)370-3470
\$683,743.43

Norfolk West
Gr, ConPav, Culv, Seed,
Br, Gdrl, Elec
Werner Construction, Inc.
Schulz, Ron (402)370-3474
\$20,299,017.48

Jct. US-81/N-32, Madison
Spec
A & R Construction Co.
Lollman, Doug (402)370-3474
\$52,443.49

Neligh - N-121
Gr, Seed, Gdrl, Bit
Werner Construction, Inc.
Lollman, Doug (402)370-3474
\$6,624,518.65

District 4

7th St. - 9th St., In Hastings
Gr, ConPav, Culv, Elec
Werner Construction Co.
Kohmetscher, Lyle (402)462-1996
\$709,347.54

Hastings West (Stimulus)
Gr, Seed, Br Gdrl, Elec, Bit
Vontz Paving, Inc.
Kohmetscher, Lyle (402)462-1996
\$3,599,832.60

Odessa - Kearney (WB)
Gr, ConPav, Culv, Seed,
Gdrl, Fence, Elec
Knife River Midwest, LLC
Farber, Tom (308)865-5434
\$11,320,248.97

In Kearney (Stimulus)
Gr, ConPav, Culv, Elec
Paulsen, Inc.
Farber, Tom (308)865-5434
\$2,251,125.35

Charleston Link
Gr, ConPav, Culv, Seed, Br, Gdrl
Werner Construction, Inc.
Grooms, Jerry (402)362-5934
\$3,715,517.77

Charleston Link Interchange
Br, Gdrl, Bit
Commercial Construction, Inc.
Grooms, Jerry (402)362-5934
\$849,859.29

N-74 - Shelby (5 Segments)
Spec
Sealcoat Services, Inc.
dba SCS Construction Co.
Anderson, Tom (402)362-5934
\$382,264.00

Hampton - Waco
Bit
Werner Construction, Inc.
Anderson, Tom (402)362-5934
\$897,321.59

Grand Island South (Stimulus)
Gr, Seed, Br Gdrl, Elec, Bit
The Diamond Engineering Co.
Nordhues, Bob (308)385-6265
\$6,329,248.36

Aurora - Central City
Gr, Culv, Seed, Gdrl, Elec, Bit
Werner Construction, Inc.
Weber, Kirk (308)385-6888
\$8,584,360.49

Pleasanton South (Stimulus)
Bit
Vontz Paving, Inc.
Weber, Kirk (308)385-6888
\$1,300,914.34

Ord - Burwell
Gr, Culv, Seed, Elec, Bit
Werner Construction, Inc.
Woodgate, Gerald (308)385-6888
\$8,121,354.49

Middle Loup Br., Arcadia (Stimulus)
Gr, Br, Gdrl
Simon Contractors & Subsidiaries
Woodgate, Gerald (308)385-6888
\$1,667,006.59

US-281, Via. Approach, Grand Island
Gr, ConPav, Br
The Diamond Engineering Co.
Woodgate, Gerald (308)385-6888
\$432,215.12

Grant St.-Greenwich St., Grand Island
Gr, ConPav, Culv, Elec
Paulsen, Inc.
Gripenstroh, Scott (308)385-6888
\$4,495,070.38

Wood River - Grand Island (Stimulus)
Gdrl, Bit
Vontz Paving, Inc.
Gripenstroh, Scott (308)385-6888
\$5,145,542.96

Minden - Wood River
Spec
Interstate Sealant & Concrete, Inc.
Gripenstroh, Scott (308)385-6888
\$259,000.14

Platte River Br. South of Kearney
Br
Herbst Construction, Inc.
Schmidt, Larry (308)385-6888
\$299,177.00

Wood River Interchange
Br
Simon Contractors & Subsidiaries
Schmidt, Larry (308)385-6888
\$78,895.53

Edgar Spur (Stimulus)
Gr, Culv, Elec, Bit
Vontz Paving, Inc.
Meyer, Steve (402)462-1996
\$1,735,839.29

Kearney East Bridges
Gr, Br, Gdrl
Wilke Contracting Corp.
Sell, Tim (308)995-5397
\$706,935.17

District 5

Chappell - Oshkosh (Stimulus)
Bit
Western Engineering Co., Inc.
Frickey, Russ (308)262-1929
\$6,773,436.78

Sidney East Viaduct
ConPav, Br
Perrett Construction, Ltd.
Frickey, Russ (308)262-1929
\$758,352.76

Broadwater South Bridges
Br
Reiman Corp.
Frickey, Russ (308)262-1929
\$64,400.30

Alliance North (South Half)
Gr, Culv, Seed, Bit
Werner Construction Co.
Carnahan, Brian (308)432-6144
\$3,123,145.03

Alliance North (North Half)
Gr, Culv, Seed, Bit
Werner Construction Co.
Carnahan, Brian (308)432-6144
\$3,382,327.18

L-7E North (Stimulus)
Bit
Werner Construction, Inc.
Carnahan, Brian (308)432-6144
\$3,082,922.60

Crawford & Alliance Viaducts
Br
PCI Roads, LLC
Carnahan, Brian (308)432-6144
\$226,472.69

Whitney Spur Bridge
Br
Reiman Corp.
Carnahan, Brian (308)432-6144
\$147,011.40

Chadron South Bridges
Br
Fuller Construction Co., Inc.
Carnahan, Brian (308)432-6144
\$192,828.61

Sidney - Chappell (Stimulus)
Spec
Chester Bross Constr. Company/
C.B. Equipment, Inc.
Rhamy, Wayne (308)436-6587
\$1,340,295.65

Wyoming Line East
Culv
Simon Contractors & Subsidiaries
Rhamy, Wayne (308)436-6587
\$51,400.47

I-80 to North of Kimball
Gr, MSE, Culv, Seed, Br
Commercial Construction, Inc.
Johnson, James (308)436-6587
\$12,243,690.00

East Kimball - Potter (EB)
Bit
Werner Construction Co.
Jacobs, Maryanne (308)436-6587
\$2,974,263.00

Nebr./Colo. Line North (Stimulus)
Gr, Culv, Seed, Gdrl, Bit
Werner Construction, Inc.
Jacobs, Maryanne (308)436-6587
\$4,522,732.95

Gering Interchange
Br
Simon Contractors & Subsidiaries
Jacobs, Maryanne (308)436-6587
\$75,692.16

Automated Gate Closure Proj.-Rural
Elec
Mid-Plains Power, Inc.
Thomsen, Toby (308)535-8033
\$184,787.45

District 6

Buffalo Bill Ave. Extension
Gr, Br, Culv
Commercial Construction, Inc.
Stark, Thad (308)535-6724
\$12,081,916.94

Ogallala West
Gr, Seed, Elec, Bit
Paulsen, Inc.
Morrell, Richard (308)535-8033
\$3,086,661.01

Ogallala South
Bit
Simon Contractors & Subsidiaries
Morrell, Richard (308)535-8033
\$1,517,350.69

State Farm Road North, N. Platte
Gr, ConPav, Culv, Br, Elec
Cement Products, Inc.
Morrell, Richard (308)535-8033
\$3,576,209.38

Maxwell Interchange (Stimulus)
Gr, ConPav, Br, Gdrl, Elec
Paulsen, Inc.
Morrell, Richard (308)535-8033
\$1,277,231.22

Lewellen - Ogallala
Gr, Bit
Paulsen, Inc.
Morrell, Richard (308)535-8033
\$2,756,126.59

Thedford Viaduct (Stimulus)
Gr, MSE, ConPav, Culv,
Br, Gdrl, Elec
Ames Construction, Inc.
Thomsen, Toby (308)535-8033
\$6,954,805.22

Wallace Maintenance Facility
Mant Facility
Wayne Dowhower Constr., Inc.
Thomsen, Toby (308)535-8033
\$1,169,000.00

Thedford South
Gr, Bit
Werner Construction, Inc.
Thomsen, Toby (308)535-8033
\$4,627,371.44

North Platte West (Stimulus)
Spec
Iowa Erosion Control, Inc.
Thomsen, Toby (308)535-8033
\$1,692,944.57

Wellfleet South
Bit
Western Engineering Co., Inc.
Sawyer, Harlan (308)535-8033
\$1,316,727.84

Wallace South
Bit
Paulsen, Inc.
Sawyer, Harlan (308)535-8033
\$2,899,654.18

Cozad Interchange
Gr, MSE, ConPav, Br, Gdrl, Elec
Paulsen, Inc.
Brinker, Gary (308)535-8033
\$4,595,440.50

Monroe St. to I-80, Cozad
Gr, ConPav, Culv
Paulsen, Inc.
Brinker, Gary (308)535-8033
\$486,731.45

Cozad South
Gr, Seed, Gdrl, Bit
Paulsen, Inc.
Brinker, Gary (308)535-8033
\$386,734.99

Paxton Link
Br, Gdrl, Bit
Simon Contractors & Subsidiaries
Brinker, Gary (308)535-8033
\$2,349,619.99

Roscoe Link
Bit
Paulsen, Inc.
Brinker, Gary (308)535-8033
\$194,591.25

Lexington - Overton (Stimulus)
Seed, Gdrl, Bit
Werner Construction, Inc.
Brinker, Gary (308)535-8033
\$6,491,623.68

Darr Interchange (Stimulus)
Br, Gdrl, Bit
Paulsen, Inc.
Brinker, Gary (308)535-8033
\$1,039,544.87

Broken Bow East
Seed, Gdrl, Bit
Paulsen, Inc.
Lewandowski, Daniel (308)535-8031
\$4,595,759.73

Sutherland West
Spec
Winding Road Construction, Inc.
Donahey, Allen (308)535-8031
\$332,545.40

District 7

West "J" St., W. 10th - Norris Ave.,
McCook (Stimulus)
ConPav, Culv
Paulsen, Inc.
Wolford, Greg (308)345-2370
\$944,038.85

Loomis - Holdrege (Stimulus)
Gr, Culv, Gdrl, Elec, Bit
Werner Construction, Inc.
Kuhn, Kenton (308)995-5397
\$2,518,943.51

Stratton - Jct. R44B
Gr, Seed, Gdrl, Bit
Simon Contractors & Subsidiaries
Collins, Duane (308)345-8490
\$3,628,044.61

Holdrege Maint. Facility-
Bldgs. # 71406, 71407, 71408
Maint Facility Bldgs
Paulsen, Inc.
Dietz, Mark (308)995-5397
\$2,705,000.00

District 8

Johnstown - Ainsworth
Bit

Werner Construction, Inc.
Rau, Larry (402)387-2471
\$3,352,016.64

Taylor East (Stimulus)
Bit

Paulsen, Inc.
Rudnick, Michael (402)387-2471
\$2,079,214.63

Ainsworth East
Bit

Western Engineering Co., Inc.
Rudnick, Michael (402)387-2471
\$2,142,502.20

Chambers Jct. North
Gr, Culv, Br, Gdrl, Elec, Bit
Knife River Midwest, LLC
Ziska, Dan (402)336-2051
\$6,898,555.05





We Get Mail...

September 9, 2009

On August 28, we were the recipients of a "random act of kindness" from one of your employees, Tony Armer.

While traveling on I-80 approximately 5 miles east of Chappell we experienced one of our tires blowing out. This occurred in an area that was under construction with only one lane of traffic moving east. We pulled over onto the shoulder and began unloading the trunk to access our spare tire. We suddenly became aware of an NDOR vehicle parked right behind us with Tony moving cones over so vehicles could pass us safely. After completing this task, he proceeded to change the tire for us.

The importance of this to us is that I am a 71-year-old heart patient with a bad back and am also diabetic. Tony had no knowledge of this, but proceeded to help a traveler in need. We thank God that Tony came along. I might have eventually been able to get the tire changed, but it would have been after considerable time, trouble and pain.

The State of Nebraska is fortunate to have an employee such as Tony. We want to express our appreciation to Tony and to you for having people such as him in your employment.

Sincerely,

*Lew & Connie Shoff
Bridgeport, Nebraska*

Editor's Note: This letter was sent to Russ Frickey, Hwy. Project Manager. Tony Armer is a Hwy. Construction Tech III. They are both at District 5 in Bridgeport.

The Department of Roads receives numerous complimentary letters. The letters printed here are representative of those often sent praising the many fine and deserving employees of the Department of Roads.

August 18, 2009

On August 10, my husband and I were traveling by motorcycle on I-80. Near the Crete exit, heading east, our luggage bag fell off. We turned around but did not find it on the shoulder.

Two young men on your road maintenance crew, found it and took it to the shop. They found my cell phone and called the last number, which was my son. He then called my husband's cell, which we had on us, letting us know the bag was found.

I was alongside the road and a supervisor named Jeff stopped, identified himself, and explained where the bag was. We rode to the shop and found our bag which had torn open by the impact. All things were there, even my wallet, cell phone and cameras.

One of your workers took us and the bag to a UPS store so we could send it to our home. All of this help was truly appreciated. They were all kind and went out of their way to get our situation handled. A big thank you to these young men.

Sincerely,

*Karen Wooderson
Bethany, Missouri*

Editor's Note: Jeff Havlat is the Hwy. Maintenance Supervisor at District 1 Superior Street yard. Other helpful crew members included Tyler Rawley, Brad Havlovic and Lance Simpson.

October 2, 2009

Dave Anderson,

I would like to thank you for the time and effort you provided us on Thursday, October 1 to tour the construction site of Columbus viaduct.

It is an excellent and challenging project that everyone should be proud of.

*George Morcous, Assistant Professor
College of Engineering
University of Nebraska*

Editor's Note: Dave Anderson is a Hwy. Project Manager at District 3 in Columbus.



WELLNESS

Karen McCord
Highway
Contracts Technician



On August 25, 2007, Karen experienced a major, life-changing event. After 25 years of marriage, she went through a divorce.

She stopped eating and lost 13 pounds in one week. Up to that point, Karen hadn't been very concerned about her health or her weight, which was over 300 pounds. She also had several health issues, including diabetes, high blood pressure, gout and heartburn. Karen decided it was time to continue to lose weight, but do it in a healthy way.

After losing 100 pounds through Weight Watchers, she joined Metabolic Research Center and took classes on emotional eating, an issue Karen had struggled with since childhood. Topics included the use of food to reward good behavior, expectations by others and what to do when get-togethers are focused around food. Her faith, as well as family, friends

and co-workers provided the emotional support she needed.

Karen also found that exercise truly made a difference with weight loss and feeling better. On average, she works out four days a week at a fitness center and walks on a regular basis.

After losing 130 pounds, her gout and heartburn went away. Karen continues to take blood pressure medication and was able to stop her medication for diabetes.

Karen's advice... "Take it one day at a time, one meal at a time. Keep moving. Find an activity that you enjoy and make it a habit. If you slip back into old habits, don't give up. Believe in yourself. You can do it!"





H1N1 Virus ... Know the Facts

By Carol Marshall, RN



In recent weeks there has been a great deal of information about the H1N1 influenza. Because this is a very new virus and the research and information is evolving daily, I feel it is important to provide the best facts available to help prevent the spread of the H1N1

virus.

True "swine flu" ordinarily only causes illness in pigs. Pig-to-human transmission is highly unusual, and human-to-human transmission infrequent. The current strain of the virus is different. The new strain has changed in ways that allow it to spread from person to person—and it's happening among people who haven't had contact with pigs. That makes it a human flu virus. The Centers for Disease Control and Prevention (CDC) calls the virus "novel influenza A (H1N1) virus."

The 2009 H1N1 virus spreads in the same way as the seasonal flu. You could pick up germs directly from cough or sneeze droplets of an infected person, or by touching an object recently touched by an infected person, then touching your eyes, mouth or nose. That's why you should make washing your hands a habit, even when you're not ill. Infected people can start spreading flu germs up to a day before symptoms start, and for up to seven days after getting sick, according to the CDC.

Symptoms Vary

Novel H1N1 flu virus infection can cause a wide range of symptoms, including fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with novel H1N1 flu. Like seasonal flu, novel H1N1 flu can vary from mild to severe. While most people have recovered without needing medical treatment, hospitalizations and deaths have occurred. Those at higher risk of developing complications include people 65 years and older, children younger than five years old, pregnant women and people of any age with certain chronic medical conditions. About 70 percent of people who have been hospitalized with H1N1 virus have had one or more

medical conditions previously recognized as placing people at "high risk" of serious seasonal flu-related complications. This includes pregnancy, diabetes, heart disease, asthma and kidney disease.



See your doctor or seek medical assistance if the following occur:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms improve but then return with fever and worse cough

Prevention Pays

Prevention of the disease is the first line of defense. Follow the same actions that you take to prevent any flu which include:

- Wash your hands often with warm soap and water for 15 to 20 seconds, especially after you cough or sneeze. When soap and water are not available, alcohol-based (at least 60 percent alcohol) hand sanitizers may be used.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, the CDC recommends that you stay home for at least 24 hours after your fever is gone to prevent making others sick.
- Eat a balanced diet, exercise on a regular basis and get plenty of rest.

A regular flu vaccine is still recommended for regular flu strains but it will not protect you against the H1N1 virus. A separate H1N1 vaccine will be available in October. All H1N1 vaccines will be distributed through State Health Departments. The vaccine may be in a shot form or a nasal spray form and one dose of the vaccine should be sufficient for adults. At the time of this writing all specifics and recommendations about the vaccine are not available.

Take responsibility for your health and stay aware of recommendations from the CDC at www.cdc.gov/h1n1flu/

All ⁱⁿ the Family

Information for "All in the Family" should be sent to the Communication Division. Appropriate information will be included in future Roadrunners.

Please note: Birth announcements will be published as long as written permission is received by the Communication Division. This is necessary, as NDOR is required to adhere to privacy laws under the Health Insurance Portability and Accountability Act (HIPAA).

Births

Congratulations to Dave and Barb Venema on the birth of their first grandchild, Zackary David, born August 5. Dave is a Hwy. Design Tech in Traffic Engineering.

Congratulations to Lyle and Mary Jurgens on the birth of their granddaughter, Chloe Lynn, born June 25. Lyle is a Data Collector in Traffic Engineering.

Tom and Rose Braun are the proud grandparents of Grant Thomas, born August 5. Tom is a Hwy. Local Liaison Tech II in Local Projects and Rose is a Hwy. GIS Applications Manager in Business Technology Support.

Congratulations to Randy and Lorlea Mees on the birth of their second grandchild, Zachary Everett, born August 28. Randy is an Auto Diesel Mechanic at District 1 in Fairbury.

Congratulations to Tom and Shari Spaulding on the birth of their daughter, Rylie Jo, born August 3. Tom is a Hwy. Maintenance Worker Sr. at District 4 in Ravenna.

Congratulations to Chuck and Veronica Miller who welcomed their first grandchild, Jacob Daniel, born July 16. Chuck is the Hwy. Maintenance Supervisor of the Striping Crew at District 5 in Gering.

Congratulations to Mike and Renae Scofield on the birth of their daughter, Cassidy Lynn, born August 3. Mike is a Construction Tech II at District 8 in O'Neill.

Congratulations to Mike and Sandy McCoy on the birth of their granddaughter, Taylor Grace, born September 16. Mike is a Hwy. Maintenance Worker Sr. at District 8 in Springview.

Condolences

Condolences to Janice Hueske on the death of her mother. Janice is a Highway Bridge Designer.

Condolences to Kelley Green on the death of his mother. Kelley is a Highway Bridge Inspector.

Condolences to Eric and Allison Zach on the death of Eric's mother. Eric is a Hwy. Environmental Biologist and Allison is an Environmental Analyst in Planning & Project Development.

Condolences to Dale Dreeszen and family on the death of his father. Dale is a Printing Technician IV in Communication.

Condolences to Penny Beran and family on the death of her sister and father-in-law. Penny is a Staff Assistant at District 4 in Ord.

Condolences to Alan Galaway and family on the death of his mother-in-law. Alan is Hwy. Maintenance Supervisor at District 4 in York.

Condolences to Virginia and Ron Nielsen on the death of Virginia's brother. Virginia is a Hwy. Maintenance Worker Sr. and Ron is a Construction Tech II, both at District 4 in Grand Island.

This 'n That

Right-of-Way welcomes Joel Walker and Joy Robison back from having surgery. Joel is an Appraiser III and Joy is an Agent II. Also, welcome back to Lynn Green, ROW Agent II from his medical leave.

Right-of-Way sends congratulations and best wishes to Gary Britton, ROW Manager, upon his retirement August 28.

Congratulations to Milt Foreman, husband of Judy Foreman, who received a bronze medal for bowling in the Men's 170-and-Above Division at the Cornhusker State Games. Judy is an Office Clerk II in Highway Safety-Accident Records Bureau, Traffic Engineering.

Congratulations to Shirley Schafer, Highway Commission Executive Secretary, on her retirement October 2 after 17 years of service.

Planning & Project Development congratulates Lee Pavel, Hwy. Agreements Specialist, on his retirement December 20 after 52 years of service.

District 1 congratulates Maxine Fazel, Administrative Assistant, on her retirement December 31 after 23 years of service.

Congratulations to Baillie Hoover who was crowned homecoming queen at Ainsworth High School on September 18. Baillie is the daughter of JD and Susan Hoover. JD is a Hwy. Maint. Worker Sr. and Susan is a Staff Assistant at District 8 in Ainsworth.

Bridge Marathoners "Pick up the Pace"

The Bridge Division marathoners had great success this year. Since May, Jesse Sire, Steve Sabra and Max J. Antoine prepared for the Omaha Marathon by "picking up the pace" in training, with Jesse running 620 miles, Steve, 635 miles and Max, 535 miles.

Jesse ran the 26.2-mile Omaha Marathon on September 28 in 3:09, fast enough to qualify to run the Boston Marathon in April 2010. Steve beat his last year's time, finishing in 3:58. Max beat his last year's time by almost 14 minutes, finishing in 3:53, and was awarded third place in his age division out of a total of 19 marathoners.

Service Awards

Congratulations to these dedicated individuals for their work and continued service with the Department of Roads. They celebrate their service dates in *October and November*.

50 Years

Forrest Francis, District 3

40 Years

Monty Fredrickson, Director's Office
Daniel Necas, Construction
Michael Parrott, Roadway Design
Gary Roost, District 3
David Schluckebier, Roadway Design
LeMoyné Schulz, Local Projects

30 Years

Dale Butler, District 2
James Carney, District 3
Kevin Donahoo, Roadway Design
Lee Limbach, District 2
Cheryl Quackenbush, Plan. & Proj. Dev.

20 Years

Thomas Alexander, Traffic Engineering
Kevin Arens, Right-of-Way
Russell Eltiste, District 1
John Gude, Materials & Research
Jeff Havlat, District 1
Susie Kalkwarf, Communication
Sandra Knippelmeyer, Plan. & Proj. Dev.
James Scholtes, District 8
Teri Sculley, Roadway Design
Robert True, Bus. Technology Support

10 Years

Martin Egbarts, District 6
Toby Fierstein, Roadway Design
Kory Gerken, District 7
Scott Johnson, District 7
Timothy Johnson, District 5
Stewart Kurtzhals, District 4
Fred Laber, District 1
Leroy Lindner, District 6
John Lutz, District 5
Timothy McCoy, District 1
Timothy Potter, District 6
Robert Saum, District 4
Rick Schmunk, District 5
Veronika Seamster, Communication
Merle Thornton, District 5
John Wickman, District 8
Glenn Williams, Bus. Technology Support

NDOR Events Calendar

— October —

International Walk to School Month

- 2 Bd. Examiners for Co. Hwy. & City Street Supts.**
Meeting 8:45 a.m. Hwy. Commission Meeting Rm.
Examination 9:00 a.m.-4:00 p.m. NDOR Auditorium
Contact LeMoyne Schulz @ 479-4436
- 5-9 Drive Safely Work Week**
www.trafficsafety.org/drivesafelyworkweek/
- 6 New Employee Orientation Program**
Rm. 152, 5001 S. 14th (the "Hill")
Contact DeWayne Morrow @ 476-3678
- 7 Walk to School Day**
www.iwalktoschool.org
- 8 Letting**
1:30 p.m., NDOR Auditorium
Contact Kendall Stege @ 479-4528
- 10 Put the Brakes on Fatalities Day**
www.brakesonfatalities.org
- 12 State Holiday – Columbus Day**
- 13 Annual District Planning Meeting**
District 1 7:00 p.m., Fairbury
Rock Island Railroad Depot, 910 2nd St. (Bacon Rd.)
- 14 RoadToasters**
12:00 p.m.-1:00 p.m., Hwy. Commission Meeting Rm.
Contact Glenn Williams @ 479-3628
- 15 Annual District Planning Meeting**
District 2 7:00 p.m., Omaha
UNO Thompson Alumni Center, 6705 Dodge St.
- 16 Bd. Public Roads Class & Stds.**
9:00 a.m., Grand Island
City Council Chambers, 100 E. First St.
Contact LeMoyne Schulz @ 479-4436
- 18-24 National Teen Driver Safety Week**
www.ntdsw2009.org
- 19-23 National School Bus Safety Week**
www.napt.org/displaycommon.cfm?an=7
- 20 Annual District Planning Meeting**
District 4 7:00 p.m., Superior
The Firehouse, 154 W. 5th St.
- 21 Annual District Planning Meeting**
District 3 7:00 p.m., Norfolk
Time Square Event Center, 1905 Vicki Lane
- 23 Hwy. Commission Meeting**
10:00 a.m., Hwy. Commission Meeting Rm.
Contact Greg Weinert @ 479-4871
- 28 RoadToasters**
12:00 p.m.-1:00 p.m., Hwy. Commission Meeting Rm.
Contact Glenn Williams @ 479-3628
- 29 Letting**
1:30 p.m., NDOR Auditorium
Contact Kendall Stege @ 479-4528

— November —

- 3 New Employee Orientation Program**
Rm. 152, 5001 S. 14th (the "Hill")
Contact DeWayne Morrow @ 476-3678
- 4 Blood Drive – Community Blood Bank**
NDOR Central Headquarters
Contact Diane Holthus @ 479-4580

- 4 RoadToasters**
12:00 p.m.-1:00 p.m., Hwy. Commission Meeting Rm.
Contact Glenn Williams @ 479-3628
- 4 Annual District Planning Meeting**
District 6 7:00 p.m., North Platte
Holiday Inn Express, 300 Holiday Frontage Rd.
- 5 Annual District Planning Meeting**
District 5 7:00 p.m., MT, Sidney
Holiday Inn Conference Center, 664 Chase Blvd.
- 6 Bd. Examiners for Co. Hwy. & City Street Supts.**
10:00 a.m., Hwy. Commission Meeting Rm.
Contact LeMoyne Schulz @ 479-4436
- 11 State Holiday – Veterans' Day**
- 12 Letting**
1:30 p.m., NDOR Auditorium
Contact Kendall Stege @ 479-4528
- 12 Annual District Planning Meeting**
District 7 7:00 p.m., Holdrege
NDOR Maintenance Office, 1013 W. 4th Ave. (Hwy. 34/6)
- 18 Annual District Planning Meeting**
District 8 7:00 p.m., Valentine
The Niobrara Lodge (formerly Holiday Inn Express)
803 E. Hwy. 20
- 18 RoadToasters**
12:00 p.m.-1:00 p.m., Hwy. Commission Meeting Rm.
Contact Glenn Williams @ 479-3628
- 20 Hwy. Commission Meeting**
10:00 a.m., Hwy. Commission Meeting Rm.
Contact Greg Weinert @ 479-4871
- 20 Bd. Public Roads Class & Stds.**
9:00 a.m., NDOR Auditorium
Contact LeMoyne Schulz @ 479-4436
- 22-28 National Teens Don't Text & Drive Week**
www.automotive.com/auto-news/02/32583/index.html
- 26-27 State Holiday – Thanksgiving**

— December —

National Drunk & Drugged Driving Prevention Month

- 1 New Employee Orientation Program**
Rm. 152, 5001 S. 14th (the "Hill")
Contact DeWayne Morrow @ 476-3678
- 3 Letting**
1:30 p.m., NDOR Auditorium
Contact Kendall Stege @ 479-4528
- 9 RoadToasters**
12:00 p.m.-1:00 p.m., Hwy. Commission Meeting Rm.
Contact Glenn Williams @ 479-3628
- 17 Letting**
1:30 p.m., NDOR Auditorium
Contact Kendall Stege @ 479-4528
- 18 Hwy. Commission Meeting**
10:00 a.m., Hwy. Commission Meeting Rm.
Contact Greg Weinert @ 479-4530
- 21 RoadToasters – Holiday Meeting**
12:00 p.m.-1:00 p.m., NDOR Auditorium
Contact Glenn Williams @ 479-3628
- 25 State Holiday – Christmas**

If you would like a key event included on upcoming calendars, call the Communication Office 479-4512 or e-mail linda.wilson@nebraska.gov. Information for the August/September Roadrunner should be received by November 23.